



GEN-Z

Facing 9 hidden challenges of the most anxious population

This book based course illuminates a surprising reality that the success of the next generation does not depend entirely on them.

Overview

Generation Z has grown up in a world unlike anything we've experienced before. Smart phones, social media, rising anxiety levels, recessions, and even a pandemic. This course will provide insight into this emerging generation and provide practical tips on how to lead them well. You will learn how to train this generation to manage their anxiety, cultivate grit and resilience in them and apply techniques to ensure they succeed.

How this course works

This book based course explores hidden challenges faced by young adults. It will explore 9 challenges they face and how as leaders we can believe, challenge and walk with them towards their success.. Each chapter is divided into three sections; a reading, an activity and reflective questions which will allow them to explore to to overcome these challenges using an experiential method.

WHAT YOU WILL LEARN

- To inform adult generations of the characteristics and challenges of Generation Z.
- To help adults obtain a glimpse of the worlds through a Generation Z lens to understand their perspective.
- Guide members of generation Z into the adult world.

WHAT YOU WILL RECEIVE

In this course you will receive the following:

- Course Workbook
- Feedback & Action Plan

The Experience

Stress free, personal development, guidance and challenge.



Duration

Two days

See our website for more details

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